

Monday 18/12/2017	Tuesday 19/12/2017	Wednesday 20/12/2017	Thursday 21/12/2017	Friday 22/12/2017	Saturday 23/12/2017	Sunday 24/12/2017
		<b>EARLY MORNING</b>				
<b>INTERMEDIATE</b> 9.30-11.30 Stephen Richardson	<b>GENERAL</b> 9.30-11.00 Ofra Graham	7.00-8.15 Amparo Rodriguez	<b>BEGINNERS</b> 9.30 -11.00 Korinna Pilafidis-Williams	<b>INTERMEDIATE</b> 9.30-11.30 Penny Chaplin		<b>BEGINNERS</b> 9.30 -11.00 Rosemary da Silva
<b>BEGINNERS</b> 10.00-11.30 Amparo Rodriguez	<b>BEGINNERS</b> 11.15-12.45 Ofra Graham	<b>GENERAL</b> 10.00-11.30 Elisabeth Wengersky		<b>BEGINNERS</b> 10.00-11.30 Marco Cannavo	<b>GENERAL</b> 8.30-10.00 Rosemary da Silva	<b>GENERAL/INTERMEDIATE</b> 10.15-12.15 Judy Lynn
<b>GENERAL</b> 11.45-1.15 Judy Smith		<b>BEGINNERS</b> 11.45-1.15 Judy Lynn	<b>INTERMEDIATE</b> 11.45 - 1.45 Sophie Carrington	<b>60+</b> 11.45-1.15 Joyce Furrer	<b>INTERMEDIATE</b> 10.00-12.00 Judy Lynn	
<b>GENTLE YOGA</b> 12.00-1.30 Rosemary da Silva		<b>GENTLE YOGA</b> 12.00-1.30 Rosemary da Silva		<b>GENERAL</b> 12.00-1.30 Marco Cannavo	<b>BEGINNERS</b> 12.15-1.45 Judy Lynn	<b>CLOSED at 12.15pm</b>
		<b>TEACHERS</b> 2.00-4.00 Penny Chaplin	<b>GENERAL</b> 2.00 -3.00 Penny Chaplin		<b>GENERAL</b> 3.30-5.00 Megan Inglesent	
	<b>BEGINNERS</b> 6.15-8.15 Barbara Norvell	<b>BEGINNERS</b> 6.15-7.45 Megan Inglesent	<b>BEGINNERS</b> 4.00-5.30 Amparo Rodriguez		<b>BEGINNERS</b> 5.00-6.30 Megan Inglesent	
<b>GENERAL</b> 6.30-8.00 Korinna Pilafidis-Williams	<b>INTERMEDIATE</b> 6.30-8.30 Marco Cannavo	<b>GENERAL</b> 6.30-8.00 Penny Chaplin	<b>INTERMEDIATE</b> 6.30-8.30 Alaric Newcombe	<b>GENERAL</b> 6.15-7.45 Elisabeth Wengersky		
<b>BEGINNERS</b> 8.00-9.30 Korinna Pilafidis-Williams tbc	<b>GENERAL</b> 7.45-9.15 Barbara Norvell	<b>BEGINNERS</b> 7.45-9.15 Hazel Sainsbury	<b>BEGINNERS</b> 6.30-8.00 Megan Inglesent			