



## Notes for completing form A2 APPLICATION & REGISTRATION FOR TEACHER TRAINING COURSE INTRODUCTORY CERTIFICATE

**Please print clearly giving all details that are requested.**

For each question on the application form refer to the number below for guidance.

1. Give **the month and the year** you started regular Iyengar yoga classes.
2. Begin with most recent teachers and only list teachers whose classes you attend on a regular weekly basis; not a list of workshops and special events.
3. You can include workshops, conventions and any yoga events that show your yoga experience to date.
4. Give the month and the year.
5. Give the name of the trainer whose course you wish to attend; you should contact the trainer before completing the application form. The trainer will submit the application form on your behalf.
6. Give the style of yoga, the name of the organisation which awarded the qualification and the date of qualification.
7.
  - a) Give the start date, month and year
  - b) Please give number of classes taught regularly per week/month and specify type and length of each class, if any.
  - c) Yes or no
8. Please list anything that may be relevant to your practice and teaching; e.g. whiplash from car accident.
9. Please give details of anything which affects your yoga asana and pranayama practice.
10. Answer yes or no and then follow guidance below
  - a) Give the month and year for any application
  - b) Give the name of the teacher trainer whose course you applied for in each case
  - c) Yes or no
  - d) Give information to include the following, with reasons
    - if you decided not to take the place
    - if you decided not to, or were unable to continue on the course
    - why you are re-applying now
  - e) List the reasons you did not get a place e.g. the course was full; you needed more time etc.
11. This question is open to your interpretation. It may include your experience and motivation for applying for the teacher training course.

## MEMBERSHIP AND PAYMENT

You must be a current member of IY(UK) at the time of registering and throughout the Teacher Training course, either by joining an IY(UK) member institute or by joining IY(UK) directly as an individual member (join/renew at [www.iyengaryoga.org.uk/membership](http://www.iyengaryoga.org.uk/membership)) and ensuring that you renew your membership each year. See the “Notes on Membership” below for further information. **You cannot access the online payment for Teacher Training registration if you are not a member so you must join before you can submit your TT application.** When you pay the registration fee online, you will receive an automated email receipt which you must print off and include as proof that you are a member and have paid the fee. In the unusual circumstance that you are unable to pay online, you may pay by including a cheque for the registration fee with your application form. In this case, you must also supply proof that you are a current member of IY(UK) by including a receipt for your current membership payment OR a note of your membership number.

### Notes on enclosures

1. **The letter from your current teacher should recommend** you for the teacher training course and **specifically state** your regular attendance at their classes and the length of time you have attended, including dates. This should be a minimum of 3 consecutive years. If you have changed teachers during this qualifying period, please send further letters from each teacher to confirm that you attended their classes regularly, giving dates.
2. **A receipt for your online payment of the Teacher Training Registration Fee of £45.** This is an administration fee payable to IY(UK). Payment will be refunded if your application for a training place is unsuccessful. If you are unable to pay online, you may pay by cheque and must also include proof (membership number OR receipt for membership payment) that you are a current member of IY(UK).

### Notes on membership

Continued non-teacher membership of IY(UK), either through a Member Institute or as an individual member, is an essential requirement to be on an IY(UK) Teacher Training course. IY(UK) is not an institute, it is the official Iyengar Yoga Association in the UK.

### Membership of the following Institutes entitles you to automatic membership of IY(UK):

AIYI (Avon), BDIYI (Bradford), CIYI (Cambridge), DHIYI (Dorset & Hampshire), DIYI (Dublin), ESIYI (East Scotland), FIIYNI (Northern Ireland), IIYS (Sussex), iYG (Glasgow & West Scotland), KIYI (Kent), LIYI (Liverpool), MCIYI (Midlands), MDIYI (Manchester), MIYI (Munster), NEIYI (North East), NELIYI (North London), ORIYI (Oxford), SADIYA (Sheffield), SWIYI (South West) & SWLSIYI (South West London & Surrey).

**All other institutes or yoga centres are not Member Institutes and you are required to join IY(UK) as an individual member.**

To find out more about any of the institutes listed: [www.iyengaryoga.org.uk/iy-uk/uk-institutes-affiliates/](http://www.iyengaryoga.org.uk/iy-uk/uk-institutes-affiliates/)

**To join or renew your membership:** [www.iyengaryoga.org.uk/membership-joining/](http://www.iyengaryoga.org.uk/membership-joining/)

### Notes on Insurance & First Aid

#### INSURANCE

Trainee teachers must not teach unsupervised yoga classes. Therefore IY(UK) does not recommend or provide insurance for trainee teachers.

#### FIRST AID

A first aid qualification, to include Cardio-Pulmonary Resuscitation (CPR) is part of the essential requirements for a newly qualified Iyengar Yoga teacher. Your trainer will talk to you about this as you must have an up-to-date First Aid certificate on entry into the Introductory assessment.